



Healthy Home News

"Secrets For Living A Healthy, Wealthy & Happy Life..."

Professional Carpet And Cleaning Services – 812 N. Helen Ave., SF, SD 57104 – 338-9017 - Earl & Jodi

Avoiding Christmas Tragedy Do a Holiday Fire Safety Check



Each year, we hear of home fires occurring during the holiday season. Sometimes lives are lost. Sometimes an entire home is lost to flames, and visions of little ones whose presents are gone can generate a longing to help. Holiday fires are not inevitable, use this advice to keep them from happening.

December

Eggnog's Ambiguous Origins

Eggnog, or a very similar drink, may have originated in East Anglia, England, though it may also have been developed from posset (a medieval European beverage made with hot milk).

It is said that the drink adopted the nog part of its name from the word noggin, a Middle English phrase used to describe a small, wooded carved mug used to serve alcohol.

Another name for this English drink was Egg Flip. Yet another story is that the term derived from the name egg-and-grog, a common colonial term used to describe rum. Eventually, the term was shortened to *egg'n'grog*, then simply *egg nog*.

The ingredients for the drink were too expensive and uncommon for the lower classes, but it was popular among the aristocracy. "You have to remember, the average Londoner rarely saw a glass of milk," says author and historian James Humes.

"There was no refrigeration, and the farms belonged to the big estates. Those who could get milk and eggs to make eggnog mixed it with brandy or Madeira or even sherry."

- Have a working smoke detector just outside the kitchen, near bedrooms, and on every level of your home.
- Place a chemical fire extinguisher near the kitchen range and make sure everyone knows how to operate it.
- Degrease the top of the stove, the oven, broiler, and range hood. Grease can ignite and cause a fire.
- When preparing a big dinner, make sure only one high-wattage appliance is plugged into an outlet or circuit. If you have a microwave, coffee pot, electric fry pan, and toaster running at the same time, you could be in danger.
- If it's very cold and you decide to use an electric heater, be sure it is not positioned near anything flammable including curtains and decorations. Unplug when you go to bed.
- Don't overload circuits with lighted decorations. Plug decorations into a power strip that will shut off if overloaded and has a surge protector.
- When opening gifts, handle wrappings with care. Never allow combustible wrappings to pile up near a heat source. Make sure no is smoking near such flammables.
- Be smart with candles. Put them out when you will not be nearby. Don't place a candle inside a bookshelf.
- Never burn gift wrappings or a natural Christmas tree in your fireplace. It could cause a flash fire or a chimney fire.



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WATER/FLOOD
SPECIALIST!
CALL US AT
338-9017 FOR
ANY WATER
DAMAGE. WE
ARE HERE TO
HELP YOU!**

Thoughts on Success:

*Action is the foundational key
to all success.*

Pablo Picasso

*Always bear in mind that your own
resolution to succeed is more
important than any other.*

Abraham Lincoln

*Defeat is not the worst of failures.
Not to have tried is the true failure.*

George E. Woodberry

*Formula for success:
rise early, work hard, strike oil.*

J. Paul Getty

*I honestly think it is better to be a
failure at something you love than to
be a success at something you hate.*

George Burns

*Pray that success will not come any
faster than you are able to endure it.*

Elbert Hubbard

See Insert This Issue:

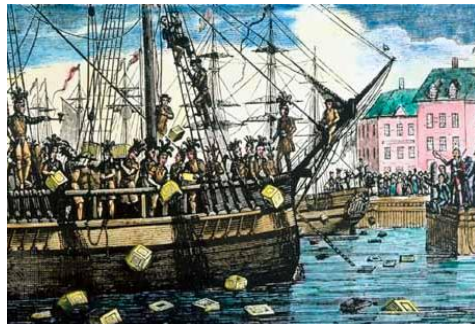


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Washington, D.C.**

The Boston Tea Party:

December 16, 1773

The Boston Tea Party was a direct action by colonialists in Boston, Mass., against the British Government. On December 16, 1773, after officials in Boston refused to return three shiploads of taxed tea to Britain, a group of colonists boarded the ships and destroyed the tea by throwing it into the Boston Harbor. The incident remains an iconic event of American history, and has often been referenced in other political protests.



The Tea Party was the culmination of a resistance movement throughout British America against the Tea Act, which had been passed by the British Parliament in 1773. Colonists objected to the Tea Act mainly because it violated their right to be taxed only by their own elected representatives.

Protesters had successfully prevented the unloading of taxed tea in three other colonies, but in Boston, embattled Royal Governor Thomas Hutchinson refused to allow the tea to be returned to Britain. He apparently did not expect that the protesters would choose to destroy the tea.

The Boston Tea Party was a key event in the growth of the American Revolution. Parliament responded in 1774 with the Coercive Acts, which, among other provisions, closed Boston's commerce until the British East India Company had been repaid for the destroyed tea. Colonists in turn responded with additional acts of protest, and by convening the First Continental Congress, which petitioned the British monarch for repeal of the acts and coordinated colonial resistance to them. The crisis escalated, and the American Revolutionary War began near Boston in 1775. - Wikipedia

December 7th: Pearl Harbor Remembrance Day

The attack on Pearl Harbor was an unprovoked military strike conducted by the Japanese navy against the United States Base at Pearl Harbor, Hawaii, on the morning of Sunday, December 7, 1941. It led directly to the US becoming militarily involved in World War II. It was intended as a preventative action to keep the US Pacific Fleet from influencing the war the Empire of Japan was planning to wage in Southeast Asia against Britain, the Netherlands, and the United States. The attack consisted of two aerial attack waves totaling 353 aircraft, launched from six Japanese aircraft carriers.

The attack sank four US Navy battleships (two of which were raised and returned to service later in the war) and damaged four more. The Japanese also sank or damaged three cruisers, three destroyers and one minelayer, destroyed 188 aircraft, and caused personnel losses of 2,402 killed and 1,282 wounded. The power station, shipyard, maintenance, and fuel and torpedo storage facilities, as well as the submarine piers and headquarters building (home of the intelligence section) all were not hit. Japanese losses were minimal, at 29 aircraft and five midget submarines, with 65 servicemen killed or wounded.



Urgent!
I Only Have A Few Appointments Left In The Schedule!
If You Don't Call Now You May Have To Wait
Until After The Holidays For Clean Carpet...

***Hello friends and clients!** It's Professional Carpet And Cleaning, your favorite carpet cleaner, reminding you...the countdown has begun. A great majority of my clients have responded to my reminders about calling me early for pre-holiday carpet cleaning. But for those of you who still need to grab an appointment waiting much longer can be...*

Unbelievably Devastating...

Year after year I get that desperate phone call. From a dear client who has let "clean the carpets before the holiday guests arrive" slip to the bottom of their to-do list. Unfortunately, when they call I'm already booked solid. That's when the begging and pleading begins. Try as I may, I cannot create appointments out of thin air. If only they had called earlier in the month...their carpets could have looked...

Brand Spanking New...

...for their guests. But not this year. Not this time. **Instead they are relegated to my "cancellation list" with fingers crossed.**

Please don't let that happen to you. Don't get ...

Left In The Lurch.

But don't worry you can still have clean carpets this year before your guests and parties and festivities commence. You can still have your tired carpets transformed into fluffy, sparkling clean carpet. You can still have all your spots and spills removed. (You know, the ones that have been bugging you.) Because...

It's NOT Too Late Yet.

You still have a small window of opportunity left to call me and grab a pre-holiday cleaning appointment. So, if you want your carpets to shine for your guests, parties and celebrations please don't wait one more day...call me by phone **338-9017** or contact me by e-mail info@pccssf.com or text me at **310-4044.3**

**Grab A Pre-Holiday Cleaning Appointment By Calling Now
And Help 8th Grade Students Travel to Washington D.C.**

Pick up the phone and call today we will give 20% back to 8th Grade Students to make their dream come true.

Living Room, Hall and 2 Bedroom traffic area for **\$109***

Contact Professional Carpet And Cleaning Service by phone **338-9017** or e-mail
inf@pccssf.com or text me 310-4044.

Discount lasts until December 31, 2011

Check us out on the web at www.pccssf.com

Not valid with other offers. Home Owners Only. Up to 350 sq. ft. over this amount will be .34 sq. ft. Min. order of \$85 applies

When it's time to have your Tile and Grout Professionally Cleaned

Tile and grout surfaces are very durable and easily maintained. There's no stripping or waxing required, and spots or spills can be wiped away quickly with a damp towel. This ease of use, combined with a nearly unlimited choice of designs and colors, explains why heavy use areas such as kitchen and bathroom floors are frequently finished with tile and grout.

Over time, if not properly maintained, soil can become imbedded in the grout, causing it to become dingy and unattractive. Take a look at your tiled surfaces. Is the grout bright and evenly colored? If not, you have a choice to make. A stiff grout brush, hours of scrubbing, and gallons of elbow grease may restore your grout to an acceptable condition. OR, you can bring in the professional.

Your cleaning professional has high-pressure equipment which blasts the soil away and restores your grout to a beautiful pristine condition. Once restored, a protector is applied which not only helps keep the grout safe from future staining, it has the added benefit of actually strengthening the grout.

So when is the best time to have your grout and tile professionally cleaned? It's when the professional is already in your home cleaning your carpet and upholstery. It is much easier for him to make one trip to clean all of your surfaces, and easier on you to open your home for professional cleaning once rather than twice. It's also likely that you will save money by combining multiple services into one visit.

Finally, for regular maintenance of your restored tile and grout, use HomePro's Stone Rejuvenator on a regular basis. It cleans the tile surface and contains a protector which maintains the grout protection applied at the time it was professionally cleaned. Check out our product at www.HPbyD.com/pccsclean/

Grab A Pre-Holiday Tile & Grout Cleaning and Sealing Appointment By Calling Now.

Pick up the phone and receive
*\$30.00 off Tile & Grout Cleaning And Sealing.

Contact Professional Carpet And Cleaning Service by phone **338-9017** or e-mail inf@pccssf.com or text me 310-4044.

Discount lasts until December 31, 2011

Check us out on the web at www.pccssf.com

Can combine with carpet cleaning offer. Home Owners Only. Min. order of \$85 applies

Please give us a review on google listing! Whether it be good service or bad service please show our next customers that look us up on google that we are an ethical family owned business. We would really appreciate it. It only take a few minutes.

Dear Client,

I was wondering if you would do me a favor. Getting found on the internet is getting more and more complex every day so we are always looking for ways to stay one step ahead of our competition. Companies that have several positive reviews online tend to rank higher in the search engine results online.

I was hoping that you would be willing to take a few moments to provide me with a review online on our Google listing. Just a few words describing your experience with us.

All you have to do is click the (incredibly long) link below and you'll be taken directly to our Google listing. Click on the "Write a review" link on that page. You may be asked to create a Google Account by entering your email and password. Don't worry – nothing bad will happen. Google just wants to verify that you are indeed a "real" person.

If you have trouble with the link, try copying and pasting the link directly in your browser's address bar. If you have any other trouble posting a review or even getting to this page online, please send me an email or give me a call in the office at 338-9017.

If for any reason you don't want to do this, I completely understand and can respect that. You don't have to write back or anything. However, if you would leave us a review, I would greatly appreciate it. It will help us tremendously throughout this next year and beyond.

Thanks so much and I hope that you are enjoying your summer with family and friends!

Respectfully,

Earl and Jodi Broker

Professional Carpet And Cleaning Services

812 N. Helen Ave.

Sioux Falls, SD 5710

ph: 338-9017 - fax: 866-616-5830

Visit us on the web at www.pccssf.com

Please click on the below link it will take you to google.com

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OR

Go to: google.com type in carpet cleaners in Sioux Falls find Professional Carpet And Cleaning Services and click on PLACE PAGE then scroll down just a little and click on review.

Thank You Again for your help we greatly appreciate it.

GOT WATER?

Call "Professional Carpet & Cleaning Services"!

When Disaster Strikes Your Home – We Can Help!
We Offer Full Water Extraction and Dry Out Services!

FOUR IMMEDIATE STEPS YOU MUST TAKE IF YOU HAVE FLOOD OR WATER DAMAGE:

1. **AVOID HAZARDS!** Be extremely careful of the deadly combination of water and electricity. Also be cautious of slippery wet carpets and floors. Stay away from raw sewage back ups, which contain bacteria that can be harmful to your health.
2. **STOP THE SOURCE!** If you haven't located the source of the water, call us immediately and we will guide you through this. It is crucial that this is done quickly and properly.
3. **TAKE IMMEDIATE ACTION** by calling "PCCS" 24 hours a day, 7 days a week. You will always be answered by friendly staff. Our dispatchers will have a water damage expert contact you immediately. After you call, we're on our way!
4. **REMOVE FURNITURE!** Wood furniture will cause stains which cannot be removed. Rust stains from metal are difficult to remove and may be permanent. 95% of water damage jobs are restorable. Most of the remaining 5% are caused by not following these steps. So move furniture that's in or even near the water, or place something under the legs.



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- ✓ STATE-OF-THE-ART DRYING EQUIPMENT
- ✓ STRUCTURAL DRYING
- ✓ INSURANCE CLAIMS
- ✓ ANTI-MOLD & MILDEW TREATMENTS
- ✓ IICRC TRAINED & CERTIFIED TECHS

Gift Voucher

Valid for **\$150.00** to be used toward your deductible on water damage restoration and dry out services from "PCCS"

\$150

NASCAR Founded, December 14, 1947



In the 1920's and 1930's, Daytona Beach, Florida, became known as the place to set world land speed records. The beach became a Mecca for racing enthusiasts, and fifteen records were ultimately set on what became the Daytona Beach road course between 1905 and 1935. Drivers raced on a 4.1 mile course, consisting of a 1.5 to 2 mile stretch of beach as one straightaway, and a narrow blacktop beachfront highway as the other. The two straights were connected by 2 tight, deeply rutted and sand-covered turns at each end.

Stock car racing in the US has its origins in bootlegging during prohibition, when drivers ran bootleg whiskey made primarily in the Appalachian region of the US. Bootleggers needed to distribute their illicit products, and they typically used small, fast vehicles to better evade police. Many drivers would modify their cars for speed and handling, as well as for increased cargo capacity, and some of them came to love the fast-paced driving down twisty mountain roads.

The repeal of Prohibition in 1933 dried up some of their business, but by then Southerners had developed a taste for moonshine, and a number of the drivers continued "runnin' shine," this time evading the "revenueurs" who were attempting to tax their operations. The cars continued to improve, and by the late 1940's, races featuring these cars were being run for pride and profit. These races were popular entertainment in rural Southern US.

Mechanic William France, Sr., moved to Daytona Beach, Florida, from Washington, DC, in 1935 to escape the Great Depression. He was familiar with the history of the area from the land speed record attempts. France entered the 1936 Daytona event, finishing fifth. He took over running the course in 1938. He was able to promote a few races before the outbreak of World War II. France thought that people would enjoy watching "stock cars" race.

Drivers were frequently victimized by unscrupulous promoters who would leave the events with all the money before drivers were paid. In 1947, France decided this racing would not grow without a formal sanctioning organization, standardized rules, regular schedule and an organized championship. On December 14, 1947 France began talks with other influential racers and promoters at the Ebony Bar at the Streamline Hotel at Daytona Beach that ended with the formations of NASCAR on February 21, 1948. - *Wikipedia*

Good Uses for Wood Ashes

Fireplace ashes melt ice and add traction, according to *This Old House*, and won't hurt concrete or plants. They're useful to use if a car is stuck on an icy driveway and can't get traction.

A damp sponge dipped in ashes will scrub away soot residue on glass fireplaces doors, and a paste made with ashes makes a silver or metal polish.

A handful rubbed into a dog's coat takes skunk odor away.

If you have chickens, toss cold ashes in the pen for dust baths and pest control.

*A successful man is one
who makes more money than
his wife can spend.*

*A successful woman is one
who can find such a man.*

Lana Turner

*A person who won't read has no
advantage over one who can't read.*

Mark Twain

Thank You!

Thanks to YOU the word is spreading! Thanks to all of my wonderful clients and friends who graciously referred me to their friends and neighbors last month!

My business runs on the positive comments and referrals from people just like you! I couldn't do it without you!

A special thanks to all these fine folks who referred me...

Sandy V.

Thanks for All the Kind Words!

Clayton did a great job! Looks like a brand new carpet.

Sandy V.



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AND CLEANING SERVICES**
812 N. Helen Ave.
Sioux Falls, SD 57104



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Your New Issue Has Arrived!

Look Inside For Some Amazing Money-Saving Tips and More!



Save trees! Please email me or go to www.pccssf.com and sign up on line I will give you \$25 off of your next clean. This is good until 12-31-11.
(not valid with other offers-mention this ad min. order of \$85 applies)

Christmas Candles Reflect Belief

Long ago a wonderful story was told on Christmas Eve. On that night, those who believed told of the Christ Child wandering throughout the world. He was searching for places where He would be welcomed with warmth and shelter. Those who loved Him, hoping that He might find their homes, placed lighted candles in their windows. This story is now seldom told, but the world still burns candles on Christmas and Christmas Eve.

We burn large glowing candles, tall red tapers, and candles in the center of our holiday tables. Twinkling electric candles are seen in windows and on the branches of Christmas trees. Many still believe that candles are silent witnesses to the glorious light of Bethlehem.

Candles in windows of our homes welcome our neighbors and friends. And perhaps, just perhaps, even He will see the lights in our windows, and His spirit will be with us on Christmas Eve.

Who Wants To Win Movie Tickets?

Take my Trivia Challenge And you could win too!

This is one of my favorite parts of the newsletter! Each month, I'll give you a new trivia question. The first 5 people who call, me or email me at info@pccssf.com with the correct answer will win **two FREE movie tickets**. Enjoy a night out on us with someone special in your life! Take your best guess, and then call me at **338-9017 M-F 9-5 only!** Remember, your chances of winning are better than you think!

This month's Mega Trivia Question:

Whose formula for success was "Rise early, work hard, strike oil"?

- A) John D. Rockefeller B) Edward L. Doheny
- C) T. Boone Pickens D) J. Paul Getty

HINT: The answer is somewhere in this newsletter

You must have had your home cleaned within the last 12 months to be eligible for winning movie tickets.

One Winner per residential household and can only win every 90 days

Congrats to: Gina, Allison, John, Pam & Michelle For winning movie tickets! Hoot Hoot!