



Healthy Home News

"Secrets For Living A Healthy, Wealthy & Happy Life..."

Professional Carpet And Cleaning Services – 812 N. Helen Ave., SF, SD 57104 – 338-9017 - Earl & Jodi

General Water Safety Tips from the Red Cross

www.RedCross.org

- **Learn to Swim:** The best thing anyone can do to stay safe in and around the water is to learn to swim. Always swim with a buddy - never alone. The American Red Cross has swimming courses for people of any age and swimming ability. To enroll in a swim course, contact your local Red Cross chapter.
- **Supervision:** Swim in areas supervised by lifeguards.
- **Obey the Rules:** Read and obey all rules and posted signs.
- **Safety Gear:** Children or inexperienced swimmers should take precautions, such as wearing a personal floatation device when in or around the water.
- **Mind the Too's:** Watch out for being too tired, too cold, too far from safety, too much sun and/or too much strenuous activity.
- **Know Your Environment:** Be knowledgeable of the water environment you are in and its potential hazards, such as deep and shallow areas, currents, obstructions, and entry/exit points.
- **Watch the Weather:** Stop swimming at the first sign of bad weather.
- **No Diving:** Use a feet-first entry when entering the water. Enter head first only when the area is clearly marked for diving.
- **Keep a Clear Head:** Do not mix alcohol with swimming, diving or boating. Alcohol impairs judgment, balance and coordination, affects swimming and diving skills and reduces the body's ability to stay warm.



Buying A Used Car

If the cost of a new car makes you hesitate, consider that a certified pre-owned car will cost much less and give trouble-free service for a long time.

"Pre-owned" is a synonym for "used car" (according to the Kelley Blue Book), but a certified pre-owned vehicle has had a detailed inspection and comes with an extended warranty. The certification process has removed one of the major drawbacks to buying a used car or truck -- uncertainty about its mechanical condition.

Vehicle dealerships realized several years ago that they needed a special category to draw attention to the best used cars on their lots. The certified program works for them and for the buyers as well.

Buying pre-owned will save several thousand dollars over the price of a new vehicle, but it does cost a bit more than the price of a non-certified car.

Honoring the American Flag

June is **National Flag Month** in the U.S., with June 14th set aside as **Flag Day** – a day to commemorate the adoption of the flag, which occurred on June 14th, 1777, by a resolution of the Second Continental Congress.

In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day, and in August 1949, National Flag Day was established by an act of Congress.

Flag Day is not an official federal holiday, though in 1937, Pennsylvania became the first (and so far, only) U.S. state to celebrate Flag Day as a state holiday. The largest Flag Day parade is held annually in Troy, New York, which typically draws 50,000 spectators.

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**WE ARE YOUR
WATER/FLOOD
SPECIALIST!
CALL US AT
338-9017 FOR ANY
WATER DAMAGE
WE ARE HERE TO
HELP YOU!**

Thoughts on Movies

*A film is a petrified
fountain of thought.*

Jean Cocteau

*I think cinema, movies and magic
have always been closely associated.
The very earliest people who made
films were magicians.*

Francis Ford Coppola

*A lot of movies are about life;
mine are like a slice of cake.*

Alfred Hitchcock

*A wide screen just makes a bad film
twice as bad.*

Samuel Goldwyn

Am I a romantic?

*I've seen Wuthering Heights ten
times. I'm a romantic.*

Johnny Depp

*Every great film should seem new
every time you see it.*

Roger Ebert

See Insert This Issue:



**Our Carpet
Cleaning
Company Can Be
Your Source for
Free Money!**

The Army National Guard: Defending America for 375 Years



1775: A ragtag group of farmers and townsmen muster on a hill, their flintlocks at the ready. All the previous day they heard the approaching drums that signaled the advance of an English infantry column. Now they watch as smoke rises from the town of Concord, Mass. The Redcoats have set the town on fire.

The citizen-soldiers meet the Redcoats at a bridge and return fire. It was the "shot heard round the world" that started the American Revolution.

Even in 1775, these citizen-soldiers were part of a long tradition of militias that began in the 1600s and from which the National Guard marks its birth. In fact, the Army National Guard has been in existence for 375 years.

Ironically, it was the British who brought the idea of a citizen militia to the new world. Because settlements were scattered and vulnerable, every male between the ages of 16 and 60 was required to possess arms and participate in the defense of the community.

Since then, Guard members have played a major role in every conflict in which our nation has been engaged. It is a proud heritage that includes 19 of our presidents, such as George Washington, Harry S Truman and George W Bush. Today, more than 35,000 men and women continue the tradition of the citizen soldier as members of the Army National Guard.

Father's Day is June 19th

The idea to start an annual Father's Day celebration was the brainchild of a woman named Sonora Dodd of Washington. She first had the idea for a "Father's Day" while listening to a Mother's Day sermon in 1909. Sonora wanted a special day to honor her father, William Smart, who was a Civil War veteran. He had been widowed when his wife died while giving birth to their sixth child. Mr. Smart was left to raise the newborn and his other five children by himself on a rural farm in eastern Washington state.

It wasn't until after Sonora became an adult that she realized the selflessness her father had shown in raising his children as a single parent. In her eyes, he was a courageous, selfless and loving man. He was born in June, so she chose to hold the first Father's Day celebration in Spokane, WA on June 19, 1910.



In 1924, President Calvin Coolidge supported the idea of a national Father's Day, but it would not be until President Lyndon John signed a presidential proclamation in 1966 that the third Sunday in June was recognized as Father's Day nationwide.



Professional Carpet And Cleaning Services Can Be Your Untapped Resource For Free Money...Here Is The Scoop...

Hello friends and clients. Who wants to open their mailbox and find some free money? I think most of us would stand up and raise our hand. Recently, some of my clients opened their mail and found some nice crisp ten dollar bills and asked me...

“Can It Really Be This Easy?”

Yes it is that easy! And now here is exactly how **you** can get some...

Free Money!

You are a great client. I want more clients just like you. So if you tell your friends, family and co-workers about me (*and I'm counting on that "birds of a feather..." thing here*) then **I will send you \$20 for everyone you refer that uses my service.** It's really a...

Genius Idea.

I'm not tooting my own horn. I didn't come up with it. But from my experience it works. And I would much rather send you my advertising dollars than those ad guys any day. In my opinion, not enough business owners are taking the time to thank people for their referrals. And a lot of us small business owners survive on referrals from clients. **And who doesn't like being thanked for doing something nice for someone?**

But There's More...

I'm gonna make this a real no-brainer. I'm gonna practically open up your wallet and stick the Free Money right in. Do you see the coupon at the bottom of the page? **Now you can hand out Free Carpet Cleaning worth \$34.00 to someone you think would enjoy my service.**

Jackpot!

If you want more than just the one coupon on this page then call or e-mail me for all the \$44.00 Gift Certificates for your friends and family that you want or you can just forward this page. Can you think of an easier way to make money? Just call 338-9017 or e-mail info@pccssf.com to request more gift certificates. And if you **call and request your certificates before June 30, 2011 you will receive a \$25.00 Gift Certificate toward any of my services for yourself!**

Do the math...If you have **just 2** friends/family members who would enjoy my service, you can give out \$88.00 in Free Carpet Cleaning and **I will send you \$40 when they call me make sure to tell them to mention your name when calling so you get the credit you deserve!**

Gift Certificate For You To Give To A Friend/Family Member/Co-Worker:

A Free Gift!

This is a gift certificate for you to receive a "Free Sample" of Professional Carpet And Cleaning best service. You will get a FREE carpet audit plus a bottle of our spotter and 100 square feet free cleaning with the purchase of 100 square feet.

This gift is worth \$44.00.

Just call **338-9017** or e-mail **info@pccssf.com**
to schedule your free cleaning today.

**But you must contact PCCS before June 30, 2011
to receive this special offer.**

*Not valid with other offers. For homeowners who have never used PCCS before!.

Take \$25 off your invoice by 7-15-11!

Thank you for giving us the opportunity to serve you.

We trust that everything comes out as or better than you had wished. But, if for any reason you are not fully satisfied with the quality of our work, we want to hear from you. All of us at Professional Carpet And Cleaning Services truly believe that you are the reason for our work and your call will never interrupt our work, but will improve it. So, please do not hesitate to call for any reason.

Our number is **338-9017** and I also listed on our spot remover and our refrigerator magnet if you have extra spot removers or magnets, then please pass them on to your friends, relatives, or neighbors. Since our main source of new customers is through the word of mouth of our current customers, we have decided to reward you for introducing us to your friends.

For every friend or relative you introduce us to, we will give you \$5 off your invoice today.

They must live within a 30 minute drive from our office, have carpets/furniture, and be real people. If these people do not exist then we will invoice you for the amount due.

Before you start please answer the following questions:

Your Name: _____

Did you know that we:	Yes	No
Clean commercial/residential carpets?	_____	_____
Clean furniture?	_____	_____
Do 24 hour Flood Damage?	_____	_____
Repair & Re-Stretch Carpets?	_____	_____
Rugs including Oriental?	_____	_____
Remove Pet/Odor Stains/Urine?	_____	_____
Clean RV's, Boats, Campers Carpet?	_____	_____
Do Tile, Grout & Stone Cleaning	_____	_____

NAME	PHONE #	ADDRESS	CITY/ZIP
1. _____			Take \$5 off
2. _____			Take \$5 off
3. _____			Take \$5 off
4. _____			Take \$5 off
5. _____			Take \$5 off

GOT WATER?

Call "Professional Carpet & Cleaning Services"!

When Disaster Strikes Your Home – We Can Help!
We Offer Full Water Extraction and Dry Out Services!

FOUR IMMEDIATE STEPS YOU MUST TAKE IF YOU HAVE FLOOD OR WATER DAMAGE:

1. **AVOID HAZARDS!** Be extremely careful of the deadly combination of water and electricity. Also be cautious of slippery wet carpets and floors. Stay away from raw sewage back ups, which contain bacteria that can be harmful to your health.
2. **STOP THE SOURCE!** If you haven't located the source of the water, call us immediately and we will guide you through this. It is crucial that this is done quickly and properly.
3. **TAKE IMMEDIATE ACTION** by calling "PCCS" 24 hours a day, 7 days a week. You will always be answered by friendly staff. Our dispatchers will have a water damage expert contact you immediately. After you call, we're on our way!
4. **REMOVE FURNITURE!** Wood furniture will cause stains which cannot be removed. Rust stains from metal are difficult to remove and may be permanent. 95% of water damage jobs are restorable. Most of the remaining 5% are caused by not following these steps. So move furniture that's in or even near the water, or place something under the legs.



**24-Hour
Emergency
Service!**

605-338-9017

- ✓ WATER EXTRACTION
- ✓ STATE-OF-THE-ART DRYING EQUIPMENT
- ✓ STRUCTURAL DRYING
- ✓ INSURANCE CLAIMS
- ✓ ANTI-MOLD & MILDEW TREATMENTS
- ✓ IICRC TRAINED & CERTIFIED TECHS

Gift Voucher

Valid for **\$150.00** to be used toward your deductible on water damage restoration and dry out services from "PCCS"

\$150



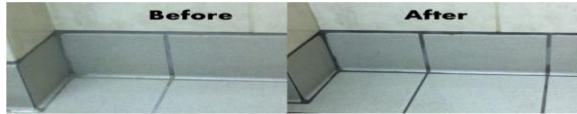
Steam The Grime Away !

Hello, Earl & Jodi here, We now offer Hi-Tech Steam Restoration in kitchen floors, Shower Enclosures, garage floors, driveways, pool decks, retaining walls, patios & decks. Check out our website

HI-TECH STEAM RESTORATION

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We use 1000 psi high pressure water to penetrate the toughest areas along with over 220° hot water. With the high pressure and heat it removes dirt, grime, oil, germs, bacteria to make your home healthy and clean again.

Contact us at [338-9017](tel:338-9017) for a **FREE** audit. Our work is 100% guaranteed. If your not happy we will come back and reservice if you still are not happy you don't pay no questions asked. That's our guarantee to you!



DOES YOUR BUSINESS SIDEWALKS LOOK LIKE THIS? Yuk!

Hi-Tech Steam Restoration takes in regular cold water. This water first goes through a pump and is put under pressure (from 1000 psi) This pressurized water then goes into our heat exchanger coils. The heat source (propane or natural gas) heats the exterior of these coils. This heat is transferred through the coil walls to the pressurized water inside. The water temperature is raised beyond 212°. It can be heated to as high as 330°. This water remains in a liquid state inside the coils because the water does not change from a liquid state into a vapor state until it is above 500° F. What comes out the end of the steam gun is not a vaporous cloud. Instead, you have a mixture of superheated water under pressure and vapor that gives you a cutting edge to clean large areas quickly. It is the temperature that breaks down the embedded gum thermally instead of chemically. The most common operating temperature for Hi-Tech Steam Restoration is about 250° F. At this temp the gum is destroyed and washed away.

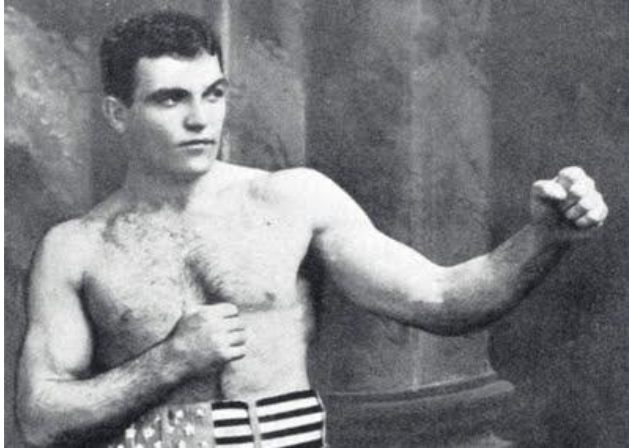


The same wet-steam that is produced by Hi-Tech Steam Restoration will also remove mold, mildew, grease, oil, and most graffiti stains.



Call 338-9017 or email [info@hitechsteam](mailto:info@hitechsteam.com) for a **FREE** Demo Today!

June Birthday: Jack Dempsey 6/24/1895



William Harrison "Jack" Dempsey (aka *The Manassa Mauler*) was an American heavyweight boxer who held the world heavyweight title from 1919 to 1926. Dempsey's aggressive style and exceptional punching power made him one of the most popular boxers in history. Many of his fights set financial and attendance records, including the first million-dollar gate. He is listed #10 on *The Ring's* list of all-time heavyweight greats and #7 among its *Top 100 Greatest Punchers*. He was elected to the International Boxing Hall of Fame in 1954.

Jack Dempsey Quotes:

A champion is someone who gets up when he can't.

I was a pretty good fighter. But it was the writers who made me great.

Tall men came down to my height when I hit 'em in the body.

A champion is someone who is ready when the bell rings. Not just before, not just after, but when it rings.

Remembering D-Day: June 4, 1944

The D-Day operation of June 6, 1944 brought together the land, air and sea forces of the allied armies in what became known as the largest invasion force in human history. The operation, given the codename OVERLORD, delivered five naval assault divisions to the beaches of Normandy, France.

The invasion force included 7,000 ships and landing craft manned by over 195,000 naval personnel from eight allied countries. Almost 133,000 troops from England, Canada and the United States landed on D-Day. Casualties from the three countries during the landing numbered 10,300. By June 30th, over 850,000 men, 148,000 vehicles, and 570,000 tons of supplies had landed on the Normandy shores.

June 2nd is Yom Yerushalayim: Jerusalem Day

On the anniversary of the reunification of Jerusalem, we remember the special significance of the Holy City, and why it is the capital of the Jewish nation.

Jerusalem Day is an Israeli national holiday commemorating the reunification of Jerusalem and the establishment of Israeli control over the Old City in June of 1967.

The day is marked by state ceremonies, memorial services for soldiers who died in the battle for Jerusalem, parades through downtown Jerusalem, reciting the *Hallel* prayer in synagogues, lectures on Jerusalem-related topics, singing and dancing, and special television programming. Schoolchildren throughout the country learn about the significance of Jerusalem, and school in Jerusalem hold festive assemblies. The day is also marked in Jewish schools around the world.

Thank You!

Thanks to YOU the word is spreading! Thanks to all of my wonderful clients and friends who graciously referred me to their friends and neighbors last month!

My business runs on the positive comments and referrals from people just like you! I couldn't do it without you!

A special thanks to all these fine folks who referred me...

Deanna J.

Thanks for All the Kind Words!

**Painless – informative – easy to talk
to – comfortable.**

Deanna J.



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AND CLEANING SERVICES**
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your next clean.
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6-30-11.
(not valid with other
offers)

*Look Inside For Some
Amazing Money-Saving
Tips and More!*

The World's First Zoo

The London Zoo is the world's oldest scientific zoo. Opened in London on April 27, 1828, it was intended to be used as a collection for scientific study. It was eventually opened to the public in 1847. Today it houses over 16,000 individual animals and creatures (over 750 different species), making it one of the largest collections in the UK.

Initially, it was believed that tropical animals could not survive outside in London's chilly weather, so these animals were kept indoors until 1902. The newly-appointed secretary of the Zoological Society of London (a man named Peter Mitchell) undertook a major restructuring of the zoo campus, including the buildings and enclosures. He brought many of the tropical animals outdoors - where many of them thrived. It was an idea inspired by similar minds at the Hamburg Zoo in Germany.

In 1853, the Zoo added a permanent aquarium - also the first ever established in the world. They also coined the term aquarium.

Who Wants To Win An Earls Gift Card?

**Take my Trivia Challenge
And you could win too!**

This is one of my favorite parts of the newsletter! Each month, I'll give you a new trivia question. Everyone who calls my office M-F 9-5 with the correct answer will be entered to win **an Earls gift card**. Take your best guess, and then call me at 338-9017! Remember, your chances of winning are better than you think!

(2 winners each month will be drawn – gift cards will be different each time. Drawing will be around 5th of each month)

This month's Mega Trivia Question:

**In what year did the Normandy landings
of D-Day take place?**

A) 1940 B) 1944 C) 1948 D) 1954

HINT: The answer is somewhere in this newsletter